

May 2010 Menu - Terry Fox

Dancy Catering abides by the "Zero" Trans Fat Guidelines



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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
3	<u>Dancy's Variety Day</u> 1) Grilled cheeseburger served with salad 2) Whole wheat turkey wrap with side salad Dessert: Yogurt	4	<u>Dancy's Variety Day</u> 1) Boneless baby back ribs served with rice & veggies 2) Sloppy Joe with veggies and dip Dessert: Rice crispy treat	5	<u>Dancy's Variety Day</u> 1) Chicken strips (lightly breaded) served with veggies & dip 2) Mild chili & pita chips Dessert: Cookie	6	<u>Dancy's Variety Day</u> 1) Pasta meat balls with garlic bread 2) Italian pizza with veggies & dip Dessert: Jell-O	7	<u>Litterless Friday</u> 1) Chicken burger served with coleslaw 2) Pastrami on rye bread with dill pickle & creamy cole slaw Dessert: Fruit	
10	<u>Dancy's Variety Day</u> 1) Macaroni cheddar sauce served with salad 2) Chicken salad panini served with veggies & dip Dessert: Yogurt	11	<u>Dancy's Variety Day</u> 1) Chicken nuggets served with veggies 2) Mortadella (light) panini served with veggies & dip Dessert: Granola bar	12	<u>Dancy's Variety Day</u> 1) Hamburger served with side salad 2) Large chicken caesar salad with a bun Dessert: Cookie	13	<u>Dancy's Variety Day</u> 1) Chicken brochette served with rice, tzatziki & salad 2) Large greek salad (tomatoes, cucumber, feta & olives) with spinach pie Dessert: Muffin	14	<u>Litterless Friday</u> 1) Cheese pizza served with salad 2) Ham & cheese panini with salad Dessert: Fruit	
17	<u>Dancy's Variety Day</u> 1) Boneless baby back ribs served with salad & rice 2) Baked salmon filet served with rice & salad Dessert: Yogurt	18	<u>Dancy's Variety Day</u> 1) Chicken strips (lightly breaded) served with veggies & dip 2) Mild chili & pita chips Dessert: Rice crispy treat	19	<u>Dancy's Variety Day</u> 1) Chicken parmegiana served with side salad 2) Ham & cheese panini with salad Dessert: Cookie	20	<u>Dancy's Variety Day</u> 1) Pasta with rose sauce and garlic bread 2) Rosemary garlic pizza (white pizza) with veggies & dip Dessert: Jell-O	PED DAY		
24	HOLIDAY		25	<u>Dancy's Variety Day</u> 1) Lasagna served with side salad 2) Chicken Caesar wrap (whole wheat) served with chicken noodle soup Dessert: Yogurt	26	<u>Dancy's Brunch Day</u> 1) Pancakes served with fruit and cheese stick 2) Multigrain cereal (Cheerios) served with berries, mini muffin & cheese Dessert: Cookie	27			
31	<u>Dancy's Variety Day</u> 1) Sheppards pie (made with corn) served with side salad 2) Tuna wrap with side salad Dessert: Yogurt									

*** HAPPY MOTHER'S DAY ***

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