June 2010 Menu - Terry Fox

Dancy Catering abides by the "Zero" Trans Fat Guidelines

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 **Dancy's Variety Day** 1) Grilled cheeseburger served with salad 2) Whole wheat turkey wrap with side salad Dessert: Yogurt	**2** **Dancy's Variety Day** 1) Chicken strips (lightly breaded) served with veggies & dip 2) Mild chili & pita chips Dessert: Rice crispy treat	**3** **Dancy's Variety Day** 1) Pasta meat balls with garlic bread 2) Italian pizza with veggies & dip Dessert: Frozen treat	**4** **PED DAY**
7 **Dancy's Variety Day** 1) Lasagna served with side salad 2) Chicken Caesar wrap (whole wheat) served with chicken noodle soup Dessert: Yogurt	**8** **Dancy's Variety Day** 1) Chicken nuggets served with veggies 2) Mortadella (light) panini served with veggies & dip Dessert: Granola bar	**9** **Dancy's Variety Day** 1) Hamburger served with side salad 2) Large chicken caesar salad with a bun Dessert: Cookie	**10** **Dancy's Variety Day** 1) Pasta with rose sauce and garlic bread 2) Rosemary garlic pizza (white pizza) with veggies & dip Dessert: Frozen treat	**11** **Litterless Friday** 1) Cheese pizza served with salad 2) Bagel cream cheese with side salad Dessert: Fruit
14 **Dancy's Variety Day** 1) Chicken strips (lightly breaded) served with veggies & dip 2) Mild chili & pita chips Dessert: Yogurt	**15** **Dancy's Variety Day** 1) Boneless baby back ribs served with rice & veggies 2) Sloppy Joe with veggies and dip Dessert: Rice crispy treat	**16** **Dancy's Brunch Day** 1) Pancakes served with fruit and cheese stick 2) Multigrain cereal (Cheerios) served with berries, mini muffin & cheese Dessert: Cookie	**17** **Dancy's Variety Day** 1) Chicken brochette served with rice, tzatziki & salad 2) Large greek salad (tomatoes, cucumber, feta & olives) with spinach pie Dessert: Frozen treat	**18** **Litterless Friday** **Buy this meal and you may win a prize.** 1) Chicken burger served with coleslaw 2) Pastrami on rye bread with dill pickle & creamy cole slaw Dessert: Fruit

Have a nice summer!